

**I looked all over internet to find some meaning for the name Humm, well, I didn't find any. Would you familiarize our readers with the story your band and genesis of the name?**

We are an Italian post-black metal band founded in 2014 by me (Fabio Gatto) and born as a sound research project that saw me taking care of both composition and recordings. In early 2016 **HUMM** became to all intents and purposes a live act with the permanent introduction of four new members. For what concerns the name, I just wanted a word that recalls a low sound, a hum, a persistent noise in the back of your brain. Mystical, sludgy, ethereal. The extra M stands for the error, the mistake, the wrong note. It symbolizes that *something* that makes unique a name, the defect which characterizes it. Something very human, in my opinion.

**Fabio please give some details on you latest album "Sanctuary". Tell us about the process of composing the album, what were your inspiraSons and what were your musical assumptions for the album?**

My ambition has always been to create a type of music rooted into black metal but at the same time transcending it, creating something new. For *Sanctuary* I was searching for a compact sound, I wanted an album that sounded cohesive and I also wanted a heavier and darker production but at the same time crisp, intelligible, pristine, as opposed to the typical black metal productions. I tried to do better of what I did on *No Empathy Before Doomsday* (my first full-length published in 2014) looking for an always more personal riffing and style, trying to maintain a common sense within all the tracks in order to determine a kind of overall sound. I tried to use different styles without breaking or stopping the album's overall listening. I wanted an album that spoke to the mind, kind of a spiritual journey.

**Do lyrics say something about a cover, which was designed by Dario? If not, tell us what are the lyrics about.**

All you need to do to understand the meaning of the cover is just read the lyrics of the last track on the album, *Bird of Prey*, because the cover is basically a graphical representation of it. *Sanctuary* is a dark, sick groovy journey that follows the adventure of a soul being trapped, transformed and paralyzed by the reflections of a changing woods. Listening to it you will partake in the creation of everything, rediscover yourself and find your place in the cosmic stream that dominates this forest. The last track narrates the end of this journey.

**God bless the internet, which suggests that you, and you only, are the creator of Sanctuary. Is your not engaging anyone else due to lack of popper musicians? Don't you think that a fresh look could protect Sanctuary from misfortune, or make it even more attractive?**

**HUMM** was born as a musical path that wasn't only based on composition but also (and equally) on sound research and personal experimentation in the field of recording and mixing. It goes without saying that being born with these conditions it has always been fundamental and natural for me to do it all alone. The moment I realized the true potential of the project I decided to bring someone in and share this path with the purpose of being able to bring **HUMM** live.

**You gathered a crew, with whom you can perform, so is Humm a complete concert giving entity?**

Yes indeed. We all play in a bunch of other bands and so for now **HUMM** is kinda of a side project for us, but that does not mean that we are not trying hard to take **HUMM** to the next step. Basically we are struggling with our lives, our day jobs, our other projects - like everyone - but the guys I've found makes the perfect crew to work with. **HUMM** is now stronger than ever, and ready to rumble.

**Where did you find musicians who fit Humm? How did you know it must be them?**

In the end it was all a big natural choice. The guys in the band were just the right guys to start with. My brother Dario (guitar) was the perfect fit, we also play in another band together and we know our tastes and we get along just fine. Luca (guitar) and Nicolò (bass) are long term friends, and I was just waiting to be

able to share an heavy-as-fuck project with them. I know those guys, I know their tastes, these are great people. Marca (drums) was the only freshman, it was introduced to us by Nicolò. It took less than an hour of playing together to make us decide he was the right guy for the project.

***Sanctuary* was produced by Via Nocturna. Reveal a story of your cooperation.**

**Via Nocturna** contacted me a few months ago. I think they listened to ***Sanctuary*** after I released it on Bandcamp as a digital purchase and they liked it, so they asked if I was interested in a record deal. What made me decide to sign with them was the transparency and the reactivity of those guys: all mails were answered quickly, they were and are very professional and punctual with deadlines and deals, and that's what makes me feel safe and easy when I collaborate with someone. When you handle your music in the hands of third persons you want them to be passionate, collaborative and determined. **Via Nocturna** felt right, and seems to have all I was searching in an independent extreme music label.

**Have you already planned something special for Sanctuary tournee? Would Poland host some of the concerts?**

We will try to focus our efforts on a short italian tour this fall. We will test the band on stage and then we will plan something really special for the next months. Maybe we will tour or maybe we will take our time to write new music, right now I really don't know. Of course we'll be happy to play in Poland and Europe in general. it maybe take some time, but we will definitely try to arrange a tour abroad.

**Fabio, I know you are responsible for some more projects. Did *Sancutary* make you put them aside?**

I'm a very organized type of person so I don't really feel that I'm leaving something behind. The key for me has always and will always be organization. As I mentioned before I run another band with my brother besides **HUMM**, we're called **Ein Sof** (<https://einsof0.bandcamp.com>) and we are currently recording and releasing new music. Not many months ago we were busking around in San Francisco CA so you see there's really no worries of stealing time from a project to another. I feel I can do anything I put myself into, if it really makes me feel good. And my music does. I'm also starting a full black metal project with an old friend of mine but hey, no spoilers!

**To finish with, if you were to point a good Italian music worth listening to, what would it be?**

Recently I've been listening a lot to a band called **The Secret**: they really are something else. Their wrath and abrasiveness continue to stoke me after each and every listening. I also recommend **Ufomammuth** (and you may know them cause they are pretty famous out there but man! I just love their style) and **Zu**, and go fuckin listen the these guys cause words are useless when it comes to describe their shit.